

SOFIA ASSEICEIRO

SENIOR ASSOCIATE

PRACTICE AREAS

Insolvency and Restructuring | Litigation and Arbitration | Criminal Law, Regulatory Offences and Compliance

LANGUAGES

Portuguese, English, Spanish

EMAIL

sa@paresadvogados.com



Sofia joined PARES in 2011, primarily focusing her practice on civil and commercial litigation across various sectors.

Throughout her career, she has been involved in managing and resolving disputes, both for private individuals and businesses, representing national and international clients in judicial and pre-judicial phases.

She also has experience in *consumer litigation*, insolvency and corporate recovery, as well as in handling criminal and regulatory offense cases.

CAREER PATH

- Associate Lawyer at PARES since 2013
- Trainee Lawyer at PARES (2011-2012)
- Trainee Lawyer at Abreu Advogados (2010-2011)
- Senior Associate at PARES since 2024

ACADEMIC TRAINING

- Advanced Course in Data Protection, Institute of Legal and Political Sciences, Faculty of Law, University of Lisbon (2013)
- Summer Course in Intellectual Property Law, Faculty of Law, University of Lisbon / Portuguese Intellectual Law Association (2010)
- Postgraduate Degree in Forensic Practice, Faculty of Law, Universidade Lusíada de Lisboa (2010)
- Law Degree, Faculty of Law, University of Lisbon (2009)