

SANDRA SEVERINO

PARTNER

PRACTICE AREAS

Insolvency and Restructuring | Litigation and Arbitration | Labour and Social Security Law

LANGUAGES

Portuguese, English, Spanish

EMAIL

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Sandra has focused her activity in the areas of litigation, corporate restructuring and reorganization, and insolvency. She has extensive experience in dispute resolution and managing legal proceedings, primarily in civil litigation and administrative offenses across various sectors. Her practice highlights include handling contractual matters, civil liability, medical negligence, and corporate recovery processes.

In the labor area, alongside providing ongoing legal advice to various clients and daily support for internal human resource management structures, she has significant experience in HR-related corporate restructuring operations. She actively manages all types of labor disputes, including administrative offense cases.

Representing both national and international clients, she has participated in numerous legal audits and corporate restructuring processes. She is the coordinator of the Litigation and Arbitration practice area.



CAREER PATH

- Partner at PARES since 2017
- Associate Lawyer at PARES (2011-2017)
- Associate Lawyer at Abreu Advogados (2008-2011)
- Associate Lawyer at Lusojurist Advogados (2000-2007)
- Trainee Lawyer at Lusojurist Advogados (1998-2000)
- Speaker at various seminars and conferences on Labor Law in Portugal and Angola, as well as Insolvency Law

ACADEMIC TRAINING

- Degree in Law from the Faculty of Law, Universidade Lusíada (1998)